

NHS Ayrshire & Arran



Meeting: Ayrshire and Arran NHS Board

Meeting date: Monday 5 October 2020

Title: Board briefing

Responsible Director: John Burns, Chief Executive

Report Author: Shona McCulloch, Head of Corporate Governance

1. Purpose

This is presented to the Board for:

- Awareness

This paper relates to:

- Local policy

This aligns to the NHS Scotland quality ambitions of Safe, Effective and Person Centred.

2. Report summary

2.1 Situation

Key areas of interest are advised to Board Members for awareness at each Board meeting. The Good News stories provide Members with information from across the organisation which shows the good work being delivered by our teams to improve patient and community care and recognises awards received locally and nationally.

2.2 Background

At each Board meeting the briefing provides:

- Good News stories from across NHS Ayrshire & Arran
- Key events from the Chief Executive and Board Chair diaries
- Circulars from the Scottish Government Health & Social Care Directorates
- Current consultations

Further briefing updates will be issued following the Board meeting from the Communications Department via e-News, Stop Press, Daily digest and “Team talk.” Up-to-date information is also published on NHS Ayrshire & Arran’s website www.nhsaaa.net

Should you require further information in relation to the briefing, please contact Shona McCulloch, Head of Corporate Governance (Tel 01292 513630).

2.3 Briefing

Good News Stories

World Patient Safety Day – 17 September 2020

The theme of this year's World Patient Safety Day was "Safe health workers. Safe patients". As part of this, we produced a series of short videos explaining our commitment to patient safety:

- Professor Hazel Borland, Nurse Director highlighted our commitment for World Patient Safety Day. Click [here](#) to view.
- Joanne Edwards, Director of Acute Services, discussed wellbeing hubs and her commitment to supporting staff needs in challenging times. Click [here](#) to view.
- Jennifer Wilson, Interim Deputy Nurse Director, talked about her commitment to the continuation of staff sanctuaries and wellbeing suites. Click [here](#) to view.
- John Burns, Chief Executive, explained how psychological safety is an important part of ensuring that staff feel they can raise concerns, share improvement and offer different views. Click [here](#) to view.
- Hugh Currie, Assistant Director for Occupational Health, Safety and Risk Management, talked about his commitment to continued and effective provision of FFP3 masks, ensuring safe staff, safe care. Click [here](#) to view.

Healthcare Improvement Scotland's iHub has also been sharing stories about inspiring initiatives to enhance staff wellbeing, as safe staff equates with safe care. These initiatives explore ideas, insights and examples of positive emerging practice from across health, social care and housing in Scotland. To read more about the initiatives, including NHS Ayrshire & Arran's staff wellbeing hubs, [click here](#).

International Fetal Alcohol Spectrum Disorder (FASD) Awareness Day Wednesday 9 September 2020

Fetal Alcohol Spectrum Disorder (FASD) is caused by exposure to alcohol in pregnancy and is a lifelong neurodevelopmental condition. The impact of exposure depends on the timing and pattern of drinking, with binge drinking posing the highest risk. Unfortunately this is the typical drinking pattern in Scotland. FASD is estimated to affect 165,000-275,000 individuals in Scotland (3-5x the prevalence of autism) and therefore 12,000 to 18,500 individuals living within Ayrshire and Arran. The majority will never have been assessed or diagnosed with FASD or understood as having a lifelong brain injury that requires support through adulthood. For those who are not identified and provided support, their journey into adulthood is often characterised by poor educational attainment, unemployment (79%), chronic mental ill health (94%), trauma and addiction (35%).

During this week of raising awareness of FASD, there have been some fantastic achievements here in NHS Ayrshire and Arran. The Fetal Alcohol Advisory and Support Team (FAAST), comprising Dr Sarah Brown (Consultant Paediatrician, Rainbow House), Dr Jennifer Shields (Principal Clinical Psychologist), David Zammit (Assistant Psychologist) and Joanne Henderson (Admin Support) have confirmed additional funding to begin a new academic relationship with the University of Edinburgh. This team also marked FASD awareness day by sending an example clinical resource pack to every health board in Scotland and an educational resource 'Understanding FASD – What Educators Need To Know' to every school in Ayrshire.

On Tuesday 8 September, the Scottish Parliament held its first Members Debate post lockdown, and the motion chosen for discussion was 'Recognising the impact of Fetal Alcohol Spectrum Disorders'. This was achieved because of the longstanding hard work raising awareness from the Ayrshire team. The debate was incredibly positive and recognised the need for cross policy initiatives. Maree Todd MSP, Minister for Children and Young People, and Joe Fitzpatrick MSP, Minister for Public Health, Sport and Wellbeing are committed to working together to provide leadership in this area.

The events of this week are the results of the incredible work and effort from the FAAS team and will continue to improve the outcomes for those individuals affected by FASD and their families.

The FAAS team would like to thank NHS Ayrshire and Arran colleagues and management for their ongoing support, and in particular recognise the contribution from colleagues in Public Health.

Remember – the message to any expectant mother or those planning a pregnancy – No alcohol, No risk

And for those interested in learning a bit more about this preventable condition then please check out our website <https://www.nhsaaa.net/services-a-to-z/fetal-alcohol-spectrum-disorder-fasd/>. Resources are free to download. Follow us on Twitter - @fasdadvisoryaaa

Launch of New Paediatric Training App for Schools

On Monday 14 September, NHS Ayrshire & Arran in conjunction with Crosshouse Children's Fund, were delighted to launch the 'Go Live' of our new online training application for teachers.

Over the past five years, we have seen an increase in children with complex healthcare needs being educated in mainstream schools. Over this period, NHS Ayrshire & Arran Paediatric staff have been providing in-house training for education staff to ensure that they have the knowledge and skills to support our young people with healthcare needs within the mainstream schooling environment.

In August 2019, there was a review of this service when it was identified that current model was not sustainable. This was mainly due to staff turnover within the education sector which meant that paediatric staff were required to take time out from clinical duties on a weekly basis in order to carry out this important training and education. Thereafter, an options appraisal process took place to determine how best to meet the needs of our colleagues in education within a robust and sustainable model.

With the support of Crosshouse Children's Fund, NHS Ayrshire & Arran have developed the Paediatric Training App. The App provides interactive and easily accessible training and materials, including virtual training and demonstrations in relation to a number of healthcare needs including diabetes and respiratory problems such as asthma, as well as key interventions such as nasogastric feed insertion and catheterisation. The Paediatric Training App is the first of its kind for Scotland and the next stage of its development will be to make this accessible to parents who are caring for children with complex care needs.

NHS Ayrshire & Arran will maintain the governance arrangements around the App, ensuring that all information is current and fit for purpose. In addition to this, schools requiring bespoke training will continue to receive this from the Paediatric Team, delivered by way of a 'Wraparound the Child' Multidisciplinary Team approach in keeping with the values of GIRFEC.

Development of Advanced Nurse Practitioner (ANP) post for Community Mental Health Elderly (CMHTE) in South Ayrshire

The CMHTE has appointed Colin Grant as the ANP to its team. One area that this post is keen to establish is ANP Led Clinics with the aim to maximise the benefits to service user by optimising the use of time by nurses, ANPs and medical staff. This in turn should optimise choices for service users by providing a degree of flexibility with care and providing clinical teams with an opportunity to provide a more flexible care programme.

Occupational Therapists Make the Difference at Ayrshire GP Practices

Ayrshire and Arran's ambition is to ensure that our citizens receive the care they need in the right place at the right time from the right people.

Traditionally, many of our citizens will visit their GP because they are not aware of what else is available to them, when another service is better placed to meet their needs, perhaps the skills and knowledge of an Occupational Therapist. Typically Occupational Therapists can be found in hospitals, schools, community teams, prisons and the voluntary sector. With this in mind, the Occupational Therapy Service is delivering services to people linked to Barns Street GP practice in Ayr, Dalmellington and Largs GP Practices.

Occupational Therapists have joined the multi-disciplinary teams within each practice for one day each week. GPs and the wider practice team are recognising the value that Occupational Therapy brings when it comes to alleviating the pressures facing GPs daily. Occupational Therapists are dual trained in physical and mental health, hence are uniquely placed to enable people to address the physical and mental health difficulties that impact on a person's ability to carry out their daily occupations. This could range from a person's day to day functioning, to enabling their return to work and all that involves, to support with self management of mental and physical health challenges to promote and enable independence.

Occupational Therapists help people to deal with the consequences of their physical challenges on their emotional and psychological wellbeing – issues that take up a GP's time. Since commencing the service there has been a continual flow of referrals diverting flow away from GP colleagues. Due to current social distancing guidelines appointments are delivered via telephone and Attend Anywhere in and out of hours, and this extra flexibility is working really well.

The ambition is to expand to other GP practices across Ayrshire and continue to review and gather relevant data and evidence. However, a key challenge is that whilst demonstrating a positive impact within primary care Occupational Therapists are not specifically mentioned in the GMS contract, hence not considered for primary care transformation funds. This has led to national work across Scotland to provide further impact data and evidence to influence local and national discussions around the primary care workforce.

2020 Scottish Portrait Awards

A photo taken by Joanne Baird, a Health Visitor working in East Ayrshire Health and Social Care Partnership, has been selected for virtual gallery exhibition at the 2020 Scottish Portrait Awards. The photo that Joanne has taken was inspired by her work with children during lockdown. Permission was given to share this photograph.



Wellbeing Community Conversation - Update

Throughout August and September East Ayrshire Health and Social Care Partnership (EAHSCP) called to action all East Ayrshire health and wellbeing teams, services, partners, groups and organisations to collaborate in order to reach key vulnerable groups with a survey which canvassed opinion about how COVID 19 had impacted on their health and wellbeing. The ultimate aim of the survey is inform the redesign of services around their experience of Covid-19 and their hopes for the future. <https://www.east-ayrshire.gov.uk/SocialCareAndHealth/Wellbeing/Sharing-your-views/Sharing-your-views.aspx>

The response has been amazing, with **hundreds of people across our communities** sharing their views about:

- Wellbeing – (including people who live in care homes, people who have been shielding, people with complex health conditions)
- Poverty and health inequalities
- Recovery (alcohol, drugs)
- Social isolation and
- Mental health



Summer School Hubs Success

Summer school hubs, provided over the summer months to provide childcare for key workers and vulnerable children, proved not only an invaluable resource to those mums who needed them but to the children themselves.

The hub provision was established across 11 venues with nine hubs providing five day access and two providing three day access due to the need and demands. Over the six weeks 1971 children attended in which 1171 were key workers' children. Within the activities at the club, children were supported to achieve and complete some awards.

Quotes: "my son was nervous coming to the Hub on the first day but by the end he did not want to leave, thank you" – Parent.

"I really enjoyed the John Muir Award and exploring our area and making things from nature" – child.

Riverside Bringing Miles of Smiles

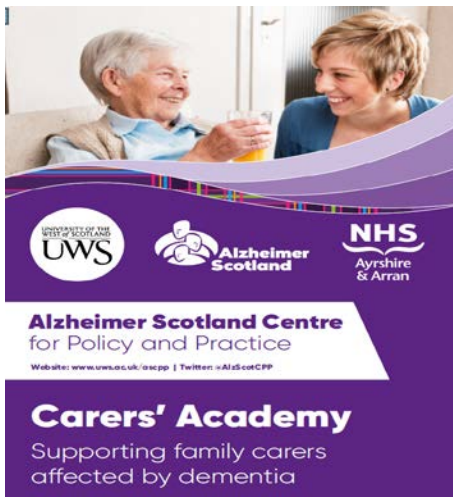
Despite day services at the Riverside Resource Centre in the southern locality being suspended by COVID 19, staff at the centre, led by manager Senga McCulloch, have continued to support their community members in other ways while still managing risk for the community and staff. In addition to the surprise boxes of cakes and afternoon teas they have delivered to put smiles on faces they have also managed to provide the following services while observing strict social distancing guidelines.

- Regular shopping support
- Daily Centre based sessions morning and afternoon for families who are struggling
- Daily walking supports lasting approximately 1½ hours. Some over seven days
- Daily/weekly telephone contact
- Weekly Zoom sessions
- Home visits.
- Manager contact with all carers
- Buns R Us providing meals to vulnerable people in the community



Emotional and physical support has also been offered to families where the individual they cared for had to go into residential care at the beginning of lockdown.

Carers Academy



The Carers' Academy is a bespoke educational programme, which has been specifically designed to support the information and practical skills-based learning needs of family members caring for a relative with dementia. The programme was developed as a joint initiative between NHS Ayrshire and Arran and the University of the West of Scotland and in keeping with its carer-informed ethos, family carers remain a significant driving force in shaping programme design and evaluation.

Like many other support services, the Carers' Academy was this year faced the "COVID" challenge. This did result in the suspension of "face to face" training and support but it has also led to exciting new digital developments in our

Carer's Academy programme. The success of these have supported plans to move forward using a blended learning approach. This will not only offer extended and wider access to support and advice for family carers, but will also ensure a "safety net" is in place should "face to face" contact require to be suspended again at any time in the future.

We are delighted and grateful to Alzheimer Scotland for funding the future development of the programme over the next three years and that the positive impact of the programme continues to be nationally recognised. The Carers' Academy was awarded "Winner" for the category of "Best Educational Initiative" in Scotland's Dementia Awards 2019 and "Winner" of the "Innovations in Education" category at the Mental Health Nursing Forum Scotland Awards 2019. The programme has also now been selected as a finalist in the "Commitment to Carers" category of the RCNi Awards 2020. Award winners will be announced during a virtual ceremony later in the year.

Turning Point Scotland remembers the lives lost to drug and alcohol use

Turning Point Scotland's North Ayrshire Prevention, Early Intervention and Recovery (PEAR) service - a partner organisation of North Ayrshire Health and Social Care Partnership - welcomed friends and family members of those lost to drug and alcohol use to a remembrance event held on Monday 31 August at Irvine's Low Green.

Organised to mark international Overdose Awareness Day, the drop-in event saw flowers cast into the river to commemorate the lives of those who have sadly passed away, and to stand in support with the people affected by these losses.

In 2018 there were 38 drug related deaths recorded in North Ayrshire alone, each of which have been felt by not only their family and friends, but our local communities as a whole.

As well as staff from Turning Point's PEAR service (based in Stevenston), employees of North Ayrshire Health and Social Care Partnership's Caley Court addictions service and Thelma Bowers, Head of Service for Mental Health at North Ayrshire Health and Social Care Partnership, were also in attendance.

Staff were available to provide Naloxone kits at the event, with a stall set up to provide information and advice for family and friends who have lost a loved one or have concerns about a loved one, as well as information for individuals struggling with their own drug or alcohol use on how to access support

Thelma Bowers, Head of Service for Mental Health at North Ayrshire Health and Social Care Partnership, said: "This event was a poignant reminder that behind every drug death statistic was a human being who was loved and is missed by their families and friends.

"By working together with our partner organisations like Turning Point Scotland we hope that we can help to reduce the stigma surrounding drug deaths, as well as providing support to the individuals, families and communities affected and sharing the message that recovery is possible."

Multidisciplinary Team Working for Improved Patient Outcomes

Ward 5 at Woodland View recently had a 70 year old gentleman admitted whose personal care, physical health and mobility had declined as such he required significant support from ambulance staff to support him to get to Ward 5 to commence admission for alcohol detoxification. In the initial stages of detoxification Ward 5 staff liaised with hospital physiotherapy staff who reviewed the gentleman and worked closely with him, working towards a stage where he was able to mobilise independently with the use of a walking frame. Similarly, working closely with medical staff and MHANPS several physical investigations and treatments were undertaken showing significant improvement in this aspect. As the detoxification progressed and the gentleman progressed to the residential rehabilitation programme he flourished, in that his mobility improved to such a stage that he could walk solely with the use of a walking stick, to the point of admission where he mobilised independently without the requirement of any walking aid, his physical health was of a significantly higher standard and a robust plan for his care post-discharge had been made to reduce the risk of a decline in all aspects of his health and substance use. The hard work of the gentleman himself was a keen factor in this as was the multidisciplinary working between ward staff, his keyworker from the Elderly Community Mental Health Team as well as the Community Addiction Team. Given the current Coronavirus state a Teams pre-discharge review took place which was attended by the Ward consultant, the gentleman's named nurse during his time in Ward 5, and his nurses from the community Elderly Mental Health Team and Community Addictions Team and a robust plan for care post-discharge was formed and as such the gentleman felt positive and supported in his discharge.

Chief Executive and Board Chair diary key events

Chief Executive's Diary Key Events 6 October 2020 – 30 November 2020		Chair's Diary Key Events 6 October 2020 – 30 November 2020	
A number of key events have been cancelled/postponed due to COVID19			
October		October	
6	NHS Chief Executives Meeting	12	Medical Education Governance Group
22	National Programme Board	26	NHS Board Chairs Meeting
23	Implementation Leads Meeting	29	South Ayrshire Community Planning Partnership Board
27	National Planning Executive Meeting		
29	South Ayrshire Community Planning Partnership Board		
November		November	
2	Healthcare Governance Committee	2	Healthcare Governance Committee
3	Performance Governance Committee	3	Performance Governance Committee
3	NHS Chief Executives Meeting	5	Board annual development session
4	Staff Governance Committee		
5	Board annual development session		
6	Local Authority Chief Executives Meeting	9	Information Governance Committee
9	Information Governance Committee	12	Integrated Governance Committee
10-11	NHS Chief Executives Meeting	19	Remuneration Committee
12	Integrated Governance Committee	30	NHS Board meeting
13	West of Scotland Health and Social Care Delivery Plan Programme Board		
18	Audit and Risk Committee		
19	Remuneration Committee		
20	Implementation Leads Meeting		
24	NHS Chief Executives Meeting		
27	NHSS National Planning Board Meeting		
30	NHS Board meeting		

Circulars from the Scottish Government Health & Social Care Directorates

Published since last Board briefing

Circulars	Lead Director(s)
CDO(2020)12 Financial support measures for completing Vocational Dental Practitioners (VDPs) who are in the process of moving to their first associate position	Director of Health and Social Care – East Ayrshire
CDO(2020)13 FFP3 Respirators	Director of Health and Social Care – East Ayrshire
CMO(2020)20 Important changes to the Scottish Pregnancy Screening Programme	Director of Public Health
CMO(2020)21 Details of the Shingles (Herpes Zoster) Immunisation Programme 2020/21	Director of Public Health
CMO(2020)22 SIREN research study	Medical Director
CMO(2020)23 Enhanced Surveillance of COVID-19 in Scotland – Serology programme	Director of Public Health
CMO(2020)24 Guidance for GP practices on Anticipatory Care Planning Conversations with People with Dementia living in the Community during COVID-19	Medical Director
DL(2020)25 National Hub for reviewing and learning from the deaths of children and young people – Implementation	Director of Public Health
PCA(D)(2020)12 Influenza Vaccination Programme – 2020/21	Director of Health and Social Care – East Ayrshire
PCA(M)(2020)13 GSM Uplift 2020/21	Director of Health and Social Care – East Ayrshire
PCA(M)(2020)14 Influenza and Pneumococcal Vaccination (Coronavirus Outbreak) (Scotland) directions 2020	Director of Health and Social Care – East Ayrshire
PCA(O)(2020)13 General Ophthalmic Services (GOS)	Director of Health and Social Care – East Ayrshire
PCA(O)(2020)14 General Ophthalmic Services (GOS) – Covid19 Recovery	Director of Health and Social Care – East Ayrshire
PCA(O)(2020)15 First port of call responsibility; Resumption of routine eye care in day centres and Residential Centres, Submission of GOS and HES claims	Director of Health and Social Care – East Ayrshire
PCA(P)(2020)16 Community Pharmacy-National Career Pathway and introduction of a common clinical conditions independent prescribing service (NHS Pharmacy First Plus)	Director of Pharmacy
PCA(P)(2020)17 Community Pharmacy – Influenza Vaccination Programme 2020/21	Director of Pharmacy

Circulars	Lead Director(s)
PCA(P)(2020)18 Additional Pharmaceutical Services Gluten free food prescribable product list	Director of Pharmacy
PCS(DD)(2020)02 Pay and Conditions of Service Remuneration of hospital medical and dental staff, doctors and dentists in public health medicine and the community health service	Director of Finance & Director of Human Resources
PCS(AFC)(2020)03 Christmas and New Year at Weekend	Director of Finance & Director of Human Resources
PCS(DD)(2020)02 Addendum Pay and Conditions of Service Remuneration of hospital medical and dental staff, doctors and dentists in public health medicine and the community health service	Director of Finance & Director of Human Resources
PCS(DD)(2020)03 NHS Hospital medical and dental staff and doctors and dentists in public health medicine and the community health service (Scotland) pay enhancements for NHS Scotland employed salaried GP's working public holidays	Director of Finance & Director of Human Resources
PCS(MD)(2020)01 Pay and Conditions of Service 2020-21 Health Board Medical Directors / Former Medical Directors on Protection	Director of Finance & Director of Human Resources

Consultations/Call for evidence or written submission

(In progress or published since last Board briefing)

From	Topic	Response Date
Health and Sport Committee	Liability for NHS Charges(Treatment of Industrial Disease)(Scotland)Bill	30 September 2020
Scottish Government	The United Nations Convention on the Rights of the Child (Incorporation) (Scotland) Bill	16 October 2020

2.3.1 Quality/patient care

Good News Stories provide an opportunity for Members to be aware of a range of positive impacts on the quality of care and the services we provide for our patients and communities.

2.3.2 Workforce

There is no impact on workforce from this briefing.

2.3.3 Financial

There is no financial impact from this briefing.

2.3.4 Risk assessment/management

This briefing document does not relate to any areas of risk.

2.3.5 Equality and diversity, including health inequalities

This briefing document has no impact on equality and diversity. Where specific good news stories relate to service improvements Equality Impact Assessment would be carried out as necessary.

2.4 Recommendation

Members are asked to receive the briefing for awareness.