Paper 30

NHS Ayrshire & Arran

Meeting:	Ayrshire and Arran NHS Board	Ayrshire & Arran
Meeting date:	Tuesday 23 May 2023	
Title:	Board briefing	
Responsible Director:	Claire Burden, Chief Executive	
Report Author:	Shona McCulloch, Head of Corporate Governance	

1. Purpose

This is presented to the Board for:

• Awareness

This paper relates to:

Local policy

This aligns to the NHS Scotland quality ambitions of

• Safe, Effective and Person Centred.

2. Report summary

2.1 Situation

Key areas of interest are advised to Board Members for awareness at each Board meeting. The Good News stories provide Members with information from across the organisation which shows the good work being delivered by our teams to improve patient and community care and recognises awards received locally and nationally.

2.2 Background

At each Board meeting the briefing provides:

- Good News stories from across NHS Ayrshire & Arran (NHSAA)
- Key events from the Chief Executive and Board Chair diaries
- Circulars from the Scottish Government Health & Social Care Directorates
- Current consultations

Further briefing updates will be issued following the Board meeting from the Communications Department via e-News, Stop Press, Daily digest and Team talk. Up-to-date information is also published on NHS Ayrshire & Arran's website <u>www.nhsaaa.net</u>

Should you require further information in relation to the briefing, please contact Shona McCulloch, Head of Corporate Governance via email at aa-uhb.ceo@aapct.scot.nhs.uk.

2.3 Briefing - Good News Stories

Isabella Kimmett, Compassionate Care Award Rachel Slooves, Corporate Secretary

The Isabella Kimmett Compassionate Care Award was introduced in NHS Ayrshire & Arran (NHS AA) as a way to recognise our nursing, midwifery, allied health professional, GP and care home colleagues who have provided our patients and their families with exceptional care, compassion, dignity and respect.

Compassionate care incorporates:

- dignity and comfort;
- taking time and patience to listen;
- offering kindness and warmth;
- person-centred care; and
- making sure that the patient is involved in decisions and has choice.

We had a total of seven nominations for this quarter with two joint winners who had exceeded expectations immensely in their areas.

The winners are Julie Gibson and Lindsay Howie who will both receive a certificate and gift token.

Julie is a Health Care Support Worker within Dunure Ward and has shown her initiative by arranging a gardening project for the ward, establishing a project group with both patients and staff and leading on renovation work in order to enhance patient care and experience. Julie worked tirelessly, committing time to this project on her days off and promoting this recovery focused activity to improve mental wellbeing for our patients.

Lindsay has been recognised for going above and beyond in her role as Community Nurse. Lindsay is described as a good listener and a 'rock of support' to patients and families, demonstrating sensitive and compassionate care and working with partner agencies to provide the highest quality care to her patients.

Congratulations to both winners and thank you for your continued commitment to providing the best possible care to our patients.

International Nurses' Day, 12 May 2023

International Nurses Day (IND) is celebrated around the world on 12 May, the anniversary of Florence Nightingale's birth. NHS Ayrshire & Arran (NHSAA) are marking the occasion by celebrating the history of nursing within Ayrshire and looking forward to the future of nursing within NHS AA. With the recent launch of the Nursing, Midwifery and Allied Health Professions (NMAHP) Strategy, it was a perfect opportunity to recognise the contribution that our nursing staff make on a daily basis in ensuring NHS AA is the best place to live and work. We have delved into the archives and collated images and stories of Nursing throughout the years.

As we look to the future, we have collaborated with our local youth population in both Primary and Secondary schools to work together at promoting Nursing as a profession. Local primary schools across Ayrshire have participated in an art exhibition that celebrates "What Nursing Means to Me". Entries will be shared via our corporate social media platforms, with the winning entrant being invited to enjoy a hospital learning experience. A local secondary school is collaborating on a business proposal where they will create and present a business plan with the aim of enhancing recruitment and retention of nursing staff in the young adult population.

We couldn't celebrate the day without the valued contribution of our staff. Our current and retired staff have shared personal career stories through a series of images and short videos.

NHS AA are proud to work alongside committed, compassionate and professional nursing staff, who individually and collectively support the people of Ayrshire and Arran to live the healthiest life possible.

Scottish Pharmacist Awards 2023 – three teams from NHS AA Shortlisted Roisin Kavanagh, Director of Pharmacy

The pre-operative services pharmacy team were shortlisted for Hospital Pharmacy Team of the Year. The pharmacy pre-operative assessment team have undergone a change recently to include a clinical pharmacy technician within the service. The team as a whole have put a significant amount of work into developing the technician role, exploring different models for the service to establish which most benefits both the wider pre-operative assessment team and patients accessing the service. This enhances patient care, supports an MDT approach to the pre-operative management of patients, minimises risk, optimises medication and provides education to patients on use of their medicines during the peri and post-operative period.

Also nominated for Hospital Pharmacy Team of the Year award were the team at Woodland View Hospital for the work which has been piloted and developed around the safe monitoring and prescribing of Lithium. This involved an automated alerting tool being developed in partnership with the electronic prescribing team and mental health pharmacy team which identifies patients at risk of lithium toxicity in addition to providing other useful information to support the patient's review as well as being able to see a summary of the patient's current Lithium dose that they are prescribed in Primary Care. The team then contact the patient to discuss their recent blood results and lithium level as well as taking the opportunity to check the patients overall mental health and monitor for any potential adverse effects. It also gives the patient the opportunity to discuss any ongoing concerns they have regarding their medication. This project has allowed a multidisciplinary approach to patient care and has had a number of significant interventions being made to support patient safety and optimise therapy. Feedback from patients is that they are also finding this new approach to care to be invaluable.

In Primary Care, the Primary Care and Community Pharmacy Team were also nominated for an award for Commitment to Health and Wellbeing. The team were nominated for their work around pharmacist led antidepressant and mood review clinics. This work was initially piloted in one GP practice and involved the pharmacist having dedicated clinic time to review patient's antidepressant treatment, either face to face or via a telephone consultation. The pharmacist would complete a mood review with the patient and then discuss their current medication, any adverse effects being experienced and also discuss expected duration of treatment. The pharmacist would often, as a result of the consultation, make adjustments to the patient's medication. The pharmacist was also able to review the patient's other medication as well as provide non pharmacological advice and treatments such as referrals to cognitive behavioural therapy (CBT) or Green Health Partnerships. The project is so successful that is now being rolled out to other GP Practices.

School work experience and mentoring programme provided to local school children who wish to pursue a career in medicine Mr Michael Helley, Senior Teaching Fellow and Dr Claire Fuggacia, Senior Development Fellow (both cross-site)

Access to clinical work experience and interview preparation is associated with an increased chance of a medical school place offer. Work Experience opportunities for prospective medical students have historically been disparate amongst social groups, disadvantaging those without a parent or relative working in healthcare. The Senior Teaching and Clinical Development fellows have developed a new programme, delivered to a whole board catchment, to foster equitable access to work experience, interview preparation, and mentorship for school pupils. Criteria-eligible pupils for medical work experience were identified and in August/September 2022 we welcomed 22 pupils from 13 catchment secondary schools to two 2-day programmes; they were distributed equally in the Scottish Index of Multiple Deprivation code from SIMD 1 - 5.

The 2-day University Hospital Crosshouse-based programme included a whistle-stop tour of A&E and X-Ray, ward shadowing, General and Trauma and Orthopaedic Theatre exposure, ICU experience, fellow-led workshops, and specialty "speed-dating" sessions (GP, Clinical Laboratory Sciences, Radiology, Obstetrics & Gynaecology, Psychiatry and Paediatrics). Despite the packed programme we only required two core fellows to be available all day for co-ordinating the pupils; six Clinical fellows kindly gave 1.5 hours for ward shadowing, speed-dating sessions utilised only 20-30 minutes of commitment from each speciality and we are very grateful to all the theatre teams for being so accommodating. Only four of the pupils had prior work experience and all rated it 5/5 in Engagement, Helpfulness and Interest.

Subsequent mock "multiple mini-interviews" were offered to medical school applicants with two bumper evening sessions – one in University Hospital Ayr and one in University Hospital Crosshouse. This wider catchment saw us engage 37 pupils in interview practice. Pupils went around eight stations in pairs, taking turns to put their problem-solving, communication skills, and ethical knowledge to the test and demonstrate their motivation and understanding of a career in medicine. We had an excellent mix of consultant and Junior Doctor colleagues acting as "panellists" and pupils were treated to individual and group feedback (as well as dinner!). Only three of the pupils reported having had prior interview practice but all rated helpfulness and interest as 5/5. SIMD score was slightly skewed to the higher end but we had representation from all quintiles for these sessions.

In tandem, we have also developed a concomitant outreach programme pairing pupils interested in studying medicine with a doctor "mentor". This has been piloted in Robert Burns Academy and now has six senior school (S4-S6) pupils paired with development fellow "mentors" who through email assist with UKCAT, Personal Statements and General Coaching. We hope to roll this out Ayrshire-wide to ensure that all young people have equitable access to medical professionals for career advice.

We believe that we have created a gold-standard template for ensuring equitable work experience and interview preparation for prospective medical students by creating a comprehensive programme that is led from within NHS Ayrshire & Arran. The work was presented and well received at the NES Annual Virtual Conference on 28 April. By working in direct partnership with schools and the Council chambers we can ensure that all able pupils are able to access valuable work experience regardless of pre-existing connections. We are extremely grateful to all the departments and staff who welcomed the pupils and to all those individuals who gave their time. We've given them terrific exposure to the variety that a career in medicine can offer as well as a realistic insight into the positive (and negative!) aspects of this incredible world. We look forward to welcoming the next cohort work experience pupils on 6 June!

The Establishing of a Junior Doctor's Environmental Sustainability Group Jennifer Tempany, Clinical Teaching Fellow in Bariatrics

Background:

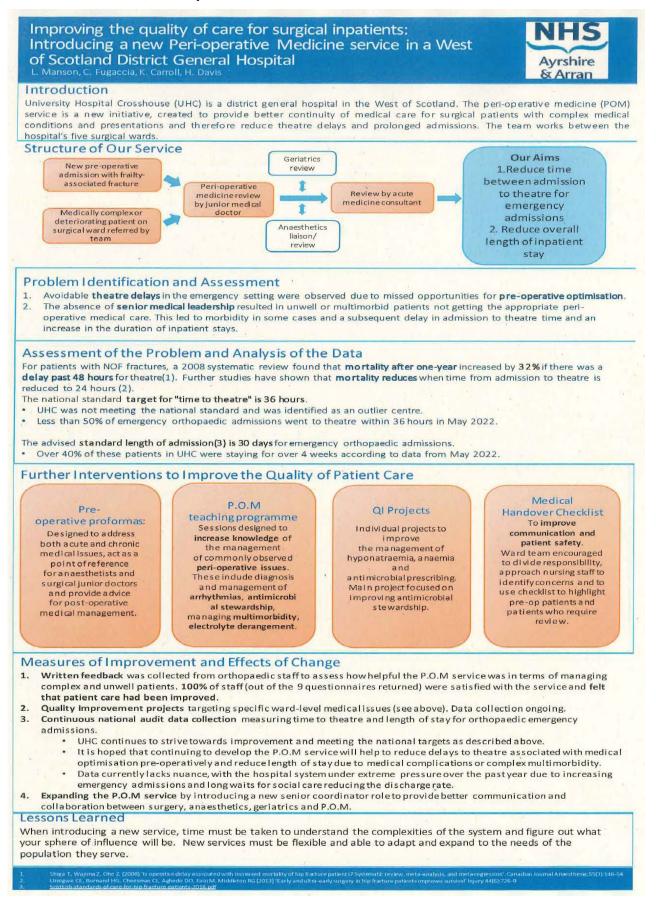
With the increasing urgency around the climate crisis and NHS Scotland's goal of reaching net zero by 2040 two clinical teaching fellows took the initiative to set up a junior doctor environmental sustainability group across NHS Ayrshire & Arran; Jennifer Tempany acting as President and Lois Steuart acting as Vice President.

The group was initiated in December 2022, supported by the Realistic Medicine team and has acted as an excellent platform for junior doctors across Ayrshire and Arran to take meaningful action against the climate crisis through sustainable Quality Improvement (QI) projects. The group registered significant interest and now has over 20 junior doctors involved in a range of projects tackling waste management and inappropriate PPE use from FY1 up to ST8 level.

These seven QI projects have resulted in increased use of reusable cups in University Hospital Crosshouse (UHC) canteen, reduction in inappropriate glove use on the medical wards in UHC and increased recycling of waste in Woodland View as well as increased awareness around alcohol-based scrub in theatres in University Hospital Ayr (UHA).

The group meets on the first Thursday of every month where there is an education session on a topic related to greener healthcare followed by discussion around the ongoing QI projects. By junior doctors taking the initiative to take action and address the carbon footprint of healthcare this has resulted in increased awareness around sustainable healthcare and the importance of working towards a net zero NHS.

Poster presented to BMJ conference regarding peri-op service at UHC Dr Louise Manson, Peri-operative CDF, UHC



News from our partners:

North Ayrshire Health and Social Care Partnership (NAHSCP)

Baby Friendly Initiative (BFI) Gold Accreditation



NHS Ayrshire & Arran and the three Ayrshire Health and Social Care Partnerships have been awarded UNICEF's top accolade for providing high quality care to families to support continued breastfeeding.

The Baby Friendly Initiative (BFI) Gold accreditation certificate was presented to representatives from across the four organisations on Wednesday 22 March at an event held at Fullarton Connexions in Irvine.

The prestigious award was achieved in November last year following an assessment of Ayrshire's Health Visiting and Family Nurse Partnership Teams, as well as the Community Infant Feeding Team.

BFI standards provide a framework to ensure that infant feeding care delivered to families is evidence-based, consistent, and supports staff to deliver a service that provides the best possible care for new families. Breastfeeding promotes optimum growth and development for babies, providing nutrition, comfort and protection from infection, and as such is promoted and supported across Ayrshire and Arran.

However, the award also recognises the care provided to families who are formula feeding and encourages responsive feeding as a way of establishing close, loving relationships with the baby.

Having first been awarded Baby Friendly accreditation in 2012, followed by subsequent re-accreditation in 2014, 2017 and 2020, the Gold Award builds on this accomplishment with a particular focus on achieving sustainability.



East Ayrshire Health and Social Care Partnership (EAHSCP)

Partnership working supports match day experience for young people

Thanks to our partnership with Kilmarnock Football Club and the Killie Community charity, we recently supported a group of young people to attend their first ever football match at Kilmarnock's Rugby Park.

The group thoroughly enjoyed their day and it was great to see them soaking up the atmosphere as Kilmarnock took on Hearts. A special thanks goes to Killie in the Community's Jordan Allison, who provided free tickets for the event.

Family Support Practitioner, Jamie Turnbull, said the day was a huge success and will go a long way towards helping our young people feel supported and included:

"The experience was like no other, with these young people being part of something special and feeling overwhelmingly included and part of the Killie family. Thank you to the Kilmarnock FC supporters for welcoming us into your Killie family and allowing us to share this experience with you all.

"Never take for granted what you have and share with others. It was a special day for many of our young people. Young people being part of their community can only enhance their opportunities to achieve their goals in life."

The Killie Community delivers programmes across Ayrshire that promote active lifestyles and tackle health and social inequalities.

ArtClub? Host inaugural exhibition

A group of talented young artists from East Ayrshire are hosting their very first exhibition.

Led by Promise Participation Lead, Eòghann MacColl, ArtClub? features young people from a variety of care backgrounds who share a passion for contemporary art.

The exhibition, titled Agora, takes place in Kilmarnock's Dick Institute and invites attendees to "enjoy and be challenged" by artwork inspired by the artists' lived experiences of care.

Eoghann tells us more about Agora, the future plans for the exhibition and the meaning behind its title: "The word 'agora' derives from the ancient Greek term meaning 'to gather together', and is commonly translated as 'assembly' and 'market place.

"As with all aspects of ArtClub? it was reached in discussion and through conversations with all the participating young people. Some of this work will also feed into the council's corporate parenting strategy and forms a part of that young person's voice and engagement in line with The Promise.

"This is an exhibition in East Ayrshire Leisure Trust's Young People's Gallery, Scotland's only young people's gallery in a municipal space.

"Participants in the exhibition include artists from our children's houses, care leavers in their own tenancies, children in foster care and young people in kinship. We are also engaging young people who have East Ayrshire placements and are from other parts of Scotland, as well as our own young people who might currently be living elsewhere. "All share a passion for creativity and have views and ideas, often from their care experiences, that they want to share. ArtClub? was really formed as a way to share and express views through contemporary visual art and is like a platform for activism and views.

"We intend to host a contextual programme around the exhibition, which will include gallery tours. These tours will offer people an opportunity to hear about the project from the young people themselves as well as the chance to participate in dialogue and create artworks of their own around lived experiences of care."

The Agora exhibition opened on Thursday 4 May in Kilmarnock's Dick Institute and runs until 22 July. The exhibition is free to attend and we would thoroughly recommend taking a look. The ArtClub? would love to see you there! https://eastayrshireleisure.com/events/agora-artclub/

James and Emma take on the Kiltwalk

Two young members of our Promise Participation Team made great strides for Who Cares? Scotland in this year's Kiltwalk.

James Whyte and Emma Kasper, who both have experience of care, joined thousands of other fundraisers in Glasgow on Sunday 30 April.

Who Cares? Scotland is Scotland's leading independent charitable organisation for careexperienced children, young people and adults, and provides ongoing support and opportunities for Scotland's care-experienced community.

James and Emma told us why supporting the charity means so much to them both. James said: "I am participating in the Kiltwalk to raise money for care-experienced young people because I believe in the importance of supporting vulnerable children who have experienced difficult circumstances.

"Care-experienced children may have faced unstable or traumatic experiences while growing up, and so it is essential to provide them with adequate resources and support to help them achieve their full potential.

"By walking in the Kiltwalk I am raising funds for Who Cares? Scotland, who can make a significant difference in the lives of young people who have experienced care. This can include providing mentorship, education, housing assistance and more."

Emma said: "I chose to participate in Kiltwalk 2023 because I am confident that Who Cares? Scotland will make the best decisions in the upcoming years to support our young people in having a more promising future by giving those under a form of care a platform to voice their opinions.

"By walking for Who Cares? Scotland, I believe that this not only shows that they are an amazing voluntary organisation but also a movement to make improvement for our youth, to help give them a voice and a safe place which they can express and be heard by others which they never could before."

Denise McMillan, Advocacy and Participation Co-ordinator for Who Cares? Scotland, expressed her gratitude to James and Emma for taking on the challenge: "Who Cares? Scotland are delighted that James and Emma signed up to join the Kiltwalk in our name. It means so much to us that our members are prepared to take on this challenge to make life better for their care-experienced family and to help us realise our goal of a lifetime of equality, respect and love for all care-experienced people."

Chief Executive and Board Chair diary key events

Chief Executive's Diary				
Key Events 24 May 2023 – 14 August 2023				
June	ay 2020 147 agust 2020			
5	Healthcare Governance			
-	Committee			
8	East Ayrshire Community			
	Planning Partnership Board			
9	Meeting with Ayrshire Local			
	Authority Chief Executives			
9	West of Scotland Chief			
	Executives Meeting			
9	Meeting with local MSP			
13/14	Board Chief Executives			
	meetings			
21	Audit and Risk Committee			
22	North Ayrshire Community			
	Planning Partnership Board			
23	Meeting with local MP			
23	West of Scotland Health and			
	Social Care Delivery			
	Programme Board			
26	South Ayrshire Child and			
	Public Protection Chief			
	Officers Group			
July				
3	Meeting with local MSP			
11	Board Chief Executives			
4.4	meeting			
14	Meeting with Ayrshire Local			
1.1	Authority Chief Executives			
14	Meeting with local MSP			
20	West of Scotland Chief			
21	Executives Meeting Healthcare Governance			
31	Committee			
31				
51	Integrated Governance Committee			
August				
1	East Ayrshire Community			
	Planning Partnership			
	Executive Officers' Group			
7	Staff Governance Committee			
11	Meeting with Ayrshire Local			
	Authority Chief Executives			
14	NHS Ayrshire & Arran Board			
	meeting			
L				

Chair's Diary Key Events 24 May 2022 - 14 August 2023				
June	24 May 2023 – 14 August 2023			
5	Healthcare Governance Committee			
8	East Ayrshire Community Planning Partnership Board			
22	North Ayrshire Community Planning Partnership Board			
23	Meeting with local MP			
26	NHS Chairs' Meetings			
July				
3 31	Meeting with local MSP Healthcare Governance Committee			
31	Integrated Governance Committee			
Augus	st			
7	Staff Governance Committee			
14	NHS Ayrshire & Arran Board meeting			

Circulars from the Scottish Government Health & Social Care Directorates

Published since last Board briefing

Circulars	Lead Director(s)
CDO(2023)01	Not yet issued
CDO Letter – Falsified Medical Oxygen – 18 April 23	
CMO(2023)03	Director of Public
Spring COVID-19 programme 2023	Health
CMO(2023)04	Director of East
Community Acute Respiratory Infection (CARI) Surveillance	Ayrshire Health & Social Care
CMO(2023)05	Director of Public
Seasonal flu immunisation programme 2023/24: confirmation of adult	Health
cohorts	
CMO(2023)06	Director of Public
The Role of the Clinicians in the Shingles Vaccination Programme	Health
CMO(2023)07	Director of Public
Use of Antiviral Medicines	Health
CMO(2023)08	Director of Public
2023 Covid-19 Programme for At-risk Children 6 months to 4 years	Health
of age	Madiaal Dinastan 0
DL(2023)07 Discontinuation of DCD out willongs testing for non-boshiteliand	Medical Director &
Discontinuation of PCR surveillance testing for non-hospitalised patients prescribed COVID-19 medicines	Director of Pharmacy
DL(2023)08	Director of Human
Revised Scottish code of practice for the international recruitment of	Resources
health and social care personnel	
DL(2023)09	Director of Human
Medium secure supplement	Resources
DL(2023)10	Director of Human
Title change of the current anaesthetic assistant role in Scotland	Resources
DL(2023)11	Nurse Director
Withdrawal of the Coronavirus (Covid-19): Extended use of Face	
Mask and Face Coverings Guidance across Health and Social Care, and the unpausing of Ventilator Associated Pneumonia (VAP) and	
Bacteriaemia Surveillance	
PCA(D)(2023)02	Director of East
General Dental Services – Revised Scottish Dental Initiative	Ayrshire Health &
	Social Care
PCA(O)(2023)02	Director of East
NHS optical vouchers and Community Glaucoma Service (CGS)	Ayrshire Health &
	Social Care
PCA(P)(2023)11	Director of Pharmacy
Serious shortage protocol: Paracetamol suppositories 240mg	
PCA(P)(2023)12	Director of Pharmacy
Serious shortage protocol: Progynova (Estradiol) 100 microgram	
patches PCA(P)(2023)13	Director of Pharmacy
Extension to Serious Shortage Protocols (SSPS) for	
Phenoxymethylpenicillin products and Sandrena gel sachets	
	l

Circulars	Lead Director(s)
PCA(P)(2023)14	Director of Pharmacy
Serious Shortage Protocol: Estradot (Estradiol Hemihydrate) 75	
micrograms/24 hours patch	
PCA(P)(2023)15	Director of Pharmacy
Serious Shortage Protocol: Clarithromycin 125mg/5ml Oral	
Suspension	
PCA(P)(2023)16	Director of Pharmacy
Serious Shortage Protocol: Clarithromycin 250mg/5ml Oral	
Suspension	
PCA(P)(2023)17	Director of Pharmacy
Pharmaceutical services amendments to drug tariff in respect of	
special preparations and imported unlicensed medicines	
PCA(P)(2023)18	Director of Pharmacy
NHS England hormone replacement therapy pre-payment certificates	
(HRT PPCs)	
PCA(P)(2023)19	Director of Pharmacy
Extension to serious shortage protocols (SSPS) for	
Phenoxymethylpenicillin, Clarithromycin and Sandrena ® (Estradiol)	
PCS(AFC)(2023)02	Director of Human
Pay and conditions for NHS staff covered by the Agenda for Change	Resources & Director
agreement	of Finance
PCS(AFC)(2023)03	Director of Human
NHS Scotland: Agenda for change job description sharing protocol	Resources & Director
	of Finance
PCS(SDIA)(2023)01	Director of Human
Scottish distant islands allowance	Resources & Director
	of Finance

Consultations/Call for evidence or written submission

(In progress or published since last Board briefing)

From	Торіс	Response due
North Ayrshire Council	North Ayrshire Local Transport and Active	23 April 2023
LTATS	Travel Strategy Consultation	Responded
Scottish Government	2023 Finance and Public Administration	01 May 2023
Finance and Public Administration	Committee - Scottish Government Public Service Reform Programme	Responded
North Ayrshire Council	Vacant and Derelict Land Consultation	05 May 2023
South Ayrshire Local Development	Draft Supplementary Guidance – Housing Site Design Briefs (Part2) South East Ayr	05 May 2023
Minister for Public	2023 Scottish Government Consultation	09 May 2023
Finance, Planning and	Community Wealth Building	Responded
Community Wealth	(Revised response date)	
East Ayrshire Council	230161PP - Residential Development of 29	11 May 2023
	no. dwelling houses with associated infrastructure - Consultation	Responded
Department of Health and Social Care	2023 Regulation Reform Consultation	16 May 2023

2.3.1 Quality/patient care

Good News Stories provide an opportunity for Members to be aware of a range of positive impacts on the quality of care and the services we provide for our patients and communities.

2.3.2 Workforce

There is no impact on workforce from this briefing.

2.3.3 Financial

There is no financial impact from this briefing.

2.3.4 Risk assessment/management

This briefing document does not relate to any areas of risk.

2.3.5 Equality and diversity, including health inequalities

This briefing document has no impact on equality and diversity. Where specific good news stories relate to service improvements Equality Impact Assessment would be carried out as necessary.

2.4 Recommendation

Members are asked to receive the briefing for awareness.