

Free Oral Health Training Packages



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Oral Health Improvement training packages

Our training packages are aimed at individuals who work in a range of sectors including health, social care and voluntary organisations.

The courses offered are free to attend and will help support you to raise awareness, increase knowledge and confidence of oral health and issues related to oral health.

We offer a variety of training delivery methods – face-to-face, online or a blend of both.

If you need bespoke training, we are happy to discuss additional training for any of the tools and services we provide.

Details of our courses can be found in this brochure and **each section gives details on how to book a place.**

Bookings can be made by email and you should specify the following:

- your name;
- your job title;
- your organisation;
- contact email and telephone number; and
- details of which course you'd like to attend (course name and date to be included).

Contact us: oralhealthimprovementteam@aapct.scot.nhs.uk

Online courses available

“The Importance of Mouth Care” Open Badges

Open Badges are digital records of achievements and skills that are tied to assessment and evidence.

As face to face training is limited during this period of the COVID-19 pandemic Care home and care at home staff, especially new staff can complete the Open Badges, which provide some basic mouth care information for staff to deliver personal care to their residents/ service users and include some COVID-19 specific information.

The Open Badge for care home staff is now on the SSSC website:

<https://www.badges.sssc.uk.com/view-all-badges/>

and Turas Learn:

<https://learn.nes.nhs.scot/30288/oral-health-improvement-for-priority-groups/open-badges>

Course title

Basic Oral Health Awareness

Summary

To raise awareness, increase knowledge and confidence of oral health and issues related to oral health.

Who should attend

This level caters for all staff and partner agencies who require a basic knowledge of Oral Health and the issues surrounding oral health.

Learning outcomes

Delegates will be able to:

- Recognise the factors that contribute to poor oral health
- Understand the practical steps to improve oral health
- Know when and how to access appropriate dental services

Duration

Will be advised on request - can be tailored to suit organisation/group on request

Date(s)

No scheduled dates – available on request

Contact for enquiries and bookings

Oral Health Improvement Team

oralhealthimprovementteam@aapct.scot.nhs.uk

Course title

Caring for Smiles – Level 1 Training

Summary

Basic oral health care for Dependant Older People

Who should attend

Care home staff, Homecare provider staff, Nursing Assistants, any staff who provide care for dependant older people.

Learning outcomes

- Explain why good oral health is important for older people in care.
- Recognise the factors that contribute to poor oral health in older people.
- Demonstrate good practice in day to day oral care for residents who require assistance.
- Summarise the importance of the different oral care forms (for example assessment, care plans and documentation of daily oral care).
- Know when and how to report any oral health concerns (referring to local protocols).

Duration

1 hr 30 mins or can be tailored to suit client group

Date(s)

Dates available on request

Contact for enquiries and bookings

Oral Health Improvement Team

oralhealthimprovementteam@aapct.scot.nhs.uk

Course title

Caring for Smiles – Level 2 Training

Summary

Providing oral care for Dependant Older People demonstrating signs of Care Related Stress and Distress

Who should attend

Care home staff, Homecare provider staff, Nursing Assistants, any staff who provide care for dependant older people.

Learning outcomes

- Describe the techniques and strategies that may help those residents with dementia, with specific reference to those resisting oral care.

Duration

1 hr 30 mins or can be tailored to suit client group

Date(s)

No scheduled dates – available on request

Contact for enquiries and bookings
Oral Health Improvement Team

oralhealthimprovementteam@aapct.scot.nhs.uk

Course title

Caring for Smiles Credit Rated Qualification Foundation level – at SCQF 5 (2 credit points)

Summary

To promote the importance of providing good oral care for those dependent older people in care homes.

Who should attend

This foundation level would be appropriate for all staff caring for the oral health of dependant older people in care homes.

Learning outcomes

- Explain why Good Oral Health is important for older people in care
- Recognise the factors that contribute to Poor Oral Health
- Demonstrate good practice in day to day oral care for residents who require assistance
- Know when and how to report any oral health concerns (referring to local protocols)

What will be involved?

Trainer will deliver both a theory session and a practical skills session to you and to other staff undertaking the training at the same time. This will be carried out either in your care home or in an agreed alternative location. At the theory session, you will be given a short 'multiple-choice' questionnaire. You will then be asked to complete 10 self-reflecting learning cases within a 10-week period. The trainer will then arrange a date for the DOP to observe you carrying out practical oral care skills. The trainer will mark the different elements of the assessment and then pass your details to NHS Education for Scotland. If your work passes the requirements, you will then receive a certificate.

Date(s)

No scheduled dates – available on request

Contact for enquiries and bookings

Oral Health Improvement Team

oralhealthimprovementteam@aapct.scot.nhs.uk

Course title

Caring for Smiles Credit Rated Qualification Intermediate level
– at SCQF 6 (2 credit points)

Summary

To gain the skills and confidence to carry out oral care for residents with dementia, and those at palliative and end-of-life stages.

Who should attend

This intermediate level would be appropriate for all staff caring for the oral health of dependant older people.

Learning outcomes

- Summarise the importance of the different oral care forms.
- Carry out oral health risk assessment
- Describe the techniques and strategies that may help those residents with dementia, with specific reference to those resisting oral care.
- Recognise the need for specialist oral care

What will be involved?

Trainer will deliver the training session(s) to you and to other staff undertaking the training at the same time. This will be carried out either in your care home or in an agreed alternative location. After the training has been delivered, you will be given a short answer questionnaire to complete either at the training session or in your own time. You will also be asked to complete 5 self-reflecting learning cases within a 10-week period. These cases should include examples of conducting oral health assessments and carrying out oral care for older people with specific oral care needs. The trainer will then arrange a date for the DOP to assess your knowledge and skills on these areas. The trainer will mark the different elements of the assessment and then pass your details to NHS Education for Scotland. If your work passes the requirements, you will then receive a certificate.

Date(s)

No scheduled dates – available on request

Contact for enquiries and bookings

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Course title

Oral Health Training – Caring for Smiles for Hospital Staff

Summary

To promote the importance of providing good oral care for people who are in hospital.

Who should attend

Nursing staff & nursing assistants who provide care for dependant older people.

Learning outcomes

- Explain why good oral health is important for older people in hospital
- Recognise the factors that contribute to poor oral health in older people.
- Demonstrate good practice in day to day oral care for patients who require assistance.
- Summarise the importance of the different oral care forms (for example risk assessment, care plans and documentation of daily oral care).
- Know when and how to report any oral health concern (referring to local protocols).

Duration

2 hours or can be tailored to suit client group

Date(s)

No scheduled dates – available on request

Contact for enquiries and bookings

Oral Health Improvement Team

oralhealthimprovementteam@aapct.scot.nhs.uk

Course title

Smile4life Oral Health Training

Summary

To promote the importance of providing good oral care for people experiencing homelessness.

Who should attend

Health and social care professionals working directly with people experiencing homelessness.

Learning outcomes

- To have knowledge of the oral health issues and barriers to accessing care, as experienced by homeless people.
- To know the main oral health care messages and be competent in providing tailored oral health information to clients.
- To be familiar with the risk factors that contribute to the oral health status of homeless people.
- To be aware of how and where homeless people can access dental care.
- To be competent in giving basic health advice on diet, smoking, alcohol consumption and methadone use.
- To know the structure and application of the Smile4life intervention.
- To know how to assess client readiness to change, using the assessment tool.
- To know the basic motivational interviewing techniques when interacting with clients.

Duration

2 hours or can be tailored to suit client group

Date(s)

No scheduled dates – available on request

Contact for enquiries and bookings

Oral Health Improvement Team

oralhealthimprovementteam@aapct.scot.nhs.uk

Course title

Open Wide Oral Health Training

Summary

To provide care staff with adequate knowledge and understanding to enable them to support clients (adults with additional needs) in achieving good oral health.

Who should attend

All staff caring for the oral health of adults with additional needs.

Learning outcomes

- Recognise the factors that contribute to poor oral health
- Demonstrate an understanding of why good oral health is important for adults with additional needs.
- Understand the practical steps to improve oral health.
- Know when and how to report any oral health concerns.
- Understand the importance of the different oral care forms (for example risk assessment, care plans and documentation of daily oral care).
- Carry out an oral health risk assessment.
- Understand what techniques and strategies may help those with additional needs who resist oral care.
- Confidently carry out day to day oral care for clients who require assistance.

Duration

2 hours or can be tailored to suit client group

Date(s)

No scheduled dates – available on request

Contact for enquiries and bookings
Oral Health Improvement Team

oralhealthimprovementteam@aapct.scot.nhs.uk

Course title

Mouth Matters

Summary

To promote the importance of providing good oral care for the Scottish Offender population.

Who should attend

Prison staff, support workers and health professionals.

Learning outcomes

- Understand why improving oral health is important for the Scottish Offender population.
- Understand the content of government policy to oral health in Scottish prisons.
- Understand what good oral health is, and why it is important.
- Describe the core key steps to maintaining oral health.
- Recognise the common risk factors that contribute to poor oral health.
- Give basic health advice on the common risk factors for oral health.
- Understand the most common oral health problems in the offender population and give oral health advice.
- Understand the barriers and enablers to oral health for offenders inside and outside the prison setting.
- Refer offenders to dental services inside and outside of prison and provide information on through-care support.
- Carry out an oral health brief intervention tailored to the needs of the individual offender.

Duration

4 hours or can be tailored to suit client group

Date(s)

No scheduled dates – available on request

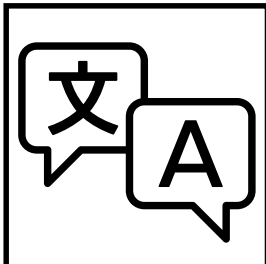
Contact for enquiries and bookings

Oral Health Improvement Team

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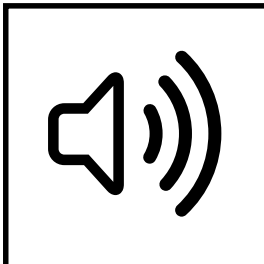
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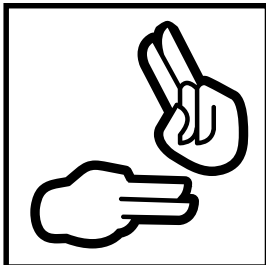
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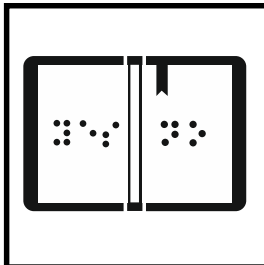
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Alternatively, you can call free on **0800 169 1441** or email complaintsteam@aapct.scot.nhs.uk

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