

Useful numbers

North Ayrshire Drug and Alcohol Services

Service	Contact details
North Ayrshire Drug and Alcohol Recovery Service (NADARS)	01294 476000 aa.clinicaladdictionservices-northayrshire@aapct.scot.nhs.uk
Turning Point Scotland – Prevention, Early intervention and Recovery Service (P.E.A.R)	01294 447407

East Ayrshire Drug and Alcohol Services

Service	Contact details
Rapid Access to Drug and Alcohol Recovery (RADAR)	01563 578770 aa.radar@aapct.scot.nhs.uk
Ayrshire Council on Alcohol (ACA)	01292 281238
We are with you in East Ayrshire	01563 558777

South Ayrshire Drug and Alcohol Services

Service	Contact details
NHS Addiction Services	01292 559800 AA-UHB.ClinicalAddictionServices-SouthAyrshire@nhs.net
Ayrshire Council on Alcohol (ACA)	01292 281238
We are with you in South Ayrshire	01292 430529

East Ayrshire Housing

Service	Contact details
East Ayrshire Housing Options	01563 554554 HOMELESSNESS@east-ayrshire.gov.uk
East Ayrshire Housing (out of hours)	03457 240000

North Ayrshire Housing

Service	Contact details
North Ayrshire Housing Advice Team	01294 314600 housing-info-advice@north-ayrshire.gov.uk
North Ayrshire Housing (out of hours)	0800 0196 500

South Ayrshire Housing

Service	Contact details
South Ayrshire Housing Options	0300 123 0900 HousingOptionsTeam@south-ayrshire.gov.uk
South Ayrshire Housing (out of hours)	0808 100 3151

Useful Contacts ****In an emergency Dial 999****

- Veterans First Point (V1P) Pan Ayrshire Service 01294 310400
- NHS 24 (outwith Mon-Fri, 9am-5pm) 111
- Emergency dentist 01563 578664
- NHS inform helpline 0800 224488
- University Hospital Crosshouse 01563 521133
- University Hospital Ayr 01292 610555
- Alcoholics Anonymous 0800 917 7650 help@aamail.org
- Cocaine Anonymous 0141 959 6363
- Narcotics Anonymous 0330 999 1212
- Al-Anon UK 0800 008 6811
- Scottish Families Affected by Alcohol and Drugs 0808 010 1011 helpline@sfad.org.uk
- The Samaritans 116 123
- Breathing Space 0800 83 85 87
- Quit Your Way 0800 783 9132
- Scottish Domestic Abuse Helpline 0800 027 1234
- Advocacy Support Helpline 08088 010 789
- East Ayrshire Foodbank 01563 574000 info@cvoea.co.uk
- North Ayrshire Foodbank 07908469556 nafoodbank@btinternet.com
- South Ayrshire Foodbank 07599071114 info@southayrshire.foodbank.org.uk
- CLiCK helpline 03001245564
- Combat Stress 01292 561300
- East Ayrshire Advocacy Service 01563 574442
- Circles Advocacy Service South Ayrshire 01292 264396

Adult Support and Protection Information

East Ayrshire 01563 554200
H&SCPcustomerfirst@eastayrshire.gov.uk

North Ayrshire 01294 310300
adultprotection@north-ayrshire.gov.uk

South Ayrshire 01292 616102
ASP@south-ayrshire.gov.uk

Out of hours: 0800 328 7758

For more information:
<http://www.actagainstharm.org>

Injecting Equipment Provision (IEP) Services

East Ayrshire Addiction Services Injecting Equipment Provision (outreach delivery service due to COVID pandemic) **07833 233948**

South Ayrshire Addiction Services Injecting Equipment Provision (outreach delivery service due to COVID pandemic) **07584 491668**

North Ayrshire Drug and Alcohol Recovery Service (NADARS) **01294 476000**

For the latest, up to date information, support and advice on your devices **download our App**

The app provides information about:

- Local services and support
- Helpful websites
- Current alerts
- Who to contact in an emergency
- Events in your area including free training
- Self-help
- What is happening in Ward 5 (addiction facility at Woodland View)

To get the app

Download the NHS Ayrshire & Arran app from your Apple or Android app store. Then search for Addictions.

NHS Ayrshire & Arran Addictions Site -
<https://www.nhsaaa.net/services-a-to-z/addiction-services/>



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