

Developmental Co-ordination Disorder (DCD)

Things I may find challenging

Social

- Eye contact
- Literal thinker
- When to interject
- Repeat self
- Making friends

Physical

- Fine motor skills
- Gross motor skills
- Balance
- Posture
- Co-ordination
- Strength
- Muscle tone
- Fatigue

Emotional

- Frustration
- Anxiety
- Low self-esteem
- Lack confidence
- Upset by new tasks/challenges

Speech and Language

- Pronunciation of certain words
- Stuttering
- Words muddled up
- Organising sequence of sentence
- Controlling volume and tone of speech

Spatial Awareness

- Judging distance
- Knowing where body is in relation to other people and objects
- Planning movements

Organisation

- Following instructions
- Following routines
- Planning
- Sequencing
- Time management

Sensory Processing

- Tactile, Auditory, Visual, Olfactory, Gustatory, Vestibular, Proprioception, Interoception

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Sleep

- Wakefulness
- Nightmares

Concentration & Attention

- Processing information and following instructions

Memory

- Short term memory
- Working memory

Sense of Direction

- Gets lost easily,
- Difficulty telling left from right
- Difficulty finding way in unfamiliar places

